



Autumn

Class 1	Class 2	Class 3	Class 4	Class 5	Class 6
<p>Making relationships Children play co-operatively, taking turns with others.</p> <p>Self-confidence and self-awareness Children are confident to try new activities, and say why they like some activities more than others.</p> <p>Managing feelings and behaviour Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable.</p>	<p>Healthy Lifestyles Healthy choices; different feelings; managing feelings</p> <p>Growing and Changing Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia)</p> <p>Keeping Safe Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different context</p>	<p>Healthy Lifestyles What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habit</p> <p>Growing and Changing Recognising what they are good at; setting goals. Describing feelings; conflicting feelings and how to manage feelings</p> <p>Keeping Safe School rules on health and safety; basic emergency aid; people who help them stay healthy and safe</p>	<p>Healthy Lifestyles What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs.</p> <p>Growing and Changing Recognising what they are good at; setting goals. Changes at puberty. Changes that happen in life and feelings associated with change</p> <p>Keeping Safe How to keep safe in local area and online; people who help them stay healthy and safe</p>	<p>Healthy Lifestyles What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices</p> <p>Growing and Changing Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief.</p> <p>Keeping Safe Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety</p>	<p>Healthy Lifestyles Images in the media and reality; how this can affect how people feel; risks and effects of drugs</p> <p>Growing and Changing Recognising what they are good at; setting goals; aspirations. Changes at puberty (recap Y4); human reproduction; roles and responsibilities of parents</p> <p>Keeping Safe Independence; increased responsibility; keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out (including against FGM); who is responsible for their health and safety; where to get help and advice</p>



Spring

Class 1	Class 2	Class 3	Class 4	Class 5	Class 6
<p>Making relationships They take account of one another's ideas about how to organise their activity.</p> <p>Self-confidence and self-awareness They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities.</p> <p>Managing feelings and behaviour They work as part of a group or class, and understand and follow the rules.</p>	<p>Feelings and Emotions Behaviour; bodies and feelings can be hurt</p> <p>Healthy Relationships Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying</p> <p>Valuing Difference Respecting similarities and differences in others; sharing views and ideas</p>	<p>Feelings and Emotions Recognising feelings in others; responding to how others are feeling</p> <p>Healthy Relationships Positive; healthy relationships and friendships; maintaining friendship; actions affect us and others; working collaboratively</p> <p>Valuing Difference Recognising and responding to bullying</p>	<p>Feelings and Emotions Keeping something confidential or secret; when to break a confidence; recognise and manage dares</p> <p>Healthy Relationships Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers</p> <p>Valuing Difference Listen and respond effectively to people; share points of view</p>	<p>Feelings and Emotions Responding to feelings in others</p> <p>Healthy Relationships Consequences of actions; working collaboratively; negotiation and compromise; giving feedback</p> <p>Valuing Difference Listening to others; raise concerns and challenge</p>	<p>Feelings and Emotions Confidentiality and when to break a confidence; managing dares</p> <p>Healthy Relationships Different types of relationships; positive and healthy relationships; maintaining relationships; recognising when a relationship is unhealthy (including forced marriage); committed; loving relationships; marriage. Acceptable and unacceptable physical touch; personal boundaries and the right to privacy.</p> <p>Valuing Difference Listening to others; raise concerns and challenge. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying.</p>



Summer

Class 1	Class 2	Class 3	Class 4	Class 5	Class 6
<p>Making relationships They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p> <p>Self-confidence and self-awareness They say when they do or don't need help.</p> <p>Managing feelings and behaviour They adjust their behaviour to different situations, and take changes of routine in their stride.</p>	<p>Rights and Responsibilities Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency</p> <p>Environment Looking after the local environment</p> <p>Money Where money comes from; saving and spending money; making choices; keeping track of money spent/saved</p>	<p>Rights and Responsibilities Discuss and debate health and wellbeing issues. Being a part of the community and who works in the community</p> <p>Environment Responsibilities; rights and duties</p> <p>Money Enterprise; what it means; developing skills in enterprise</p>	<p>Rights and Responsibilities Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world</p> <p>Environment Sustainability of the environment across the world</p> <p>Money Role of money; managing money (saving and budgeting); what is meant by interest and loan</p>	<p>Rights and Responsibilities Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences</p> <p>Environment Different rights; responsibilities and duties</p> <p>Money Importance of finance in people's lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax</p>	<p>Rights and Responsibilities Discuss and debate health and wellbeing issues. Human rights; the rights of child; cultural practices and British law. Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others.</p> <p>Environment How resources are allocated; effect of this on individuals; communities and environment</p> <p>Money Setting up an enterprise</p>