Great Ellingham Primary School Relationships, Sex and Health Education Long Term Plan



Class 1				
Autumn	Spring		Summer	
 Welcome to our Federation Rules and routines Self care Golden Values Working with peers Emotions 	Basic First Aid First Aid Champions Safety- Calling 999 and Safety	Safety and People who care for us Police Outreach fire service Benjamin Bear	RSE Solutions Scheme • Follow reception objectives as set out in RSE solutions.	

Class 2				
Autumn	Spring		Summer	
RSE	Drugs, Alcohol and	Careers, financial	Physical Health	Internet safety and
Solutions Scheme	Tabaco	capability and	and Wellbeing	harms
 Follow year 1 objectives as set 	Islington You Me PSHE	economic wellbeing	Islington You Me	Childnet
out in RSE solutions.	_Y1	Islington You Me	PSHE -Y1	International
Children will be split across	What do we put into our	PSHE -Y1	Fun times	Smartie the Penguin
the school into age	bodies?	My Money		_
appropriate year groups.				

Class 3 and 4 Cycle A (21/22)					
Autumn	Spring		Summer		
RSE Solutions Scheme Class 3 follow year 2 objectives and Class 4 follow year 3 as set out in RSE solutions. Children will be split across the school into age appropriate year groups.	Physical Health and Wellheing Islington You Me PSHE -Y2 What keeps me healthy?	Physical Health and Wellbeing Islington You Me PSHE -Y3 What helps me choose?	Healthy Eating Food a Fact of Life Healthy Eating Cooking Where your food comes from? Resources found online Celebrating local produce, organise a		
			Farmer's Market and run as an enterprise		
Cycle B (22/23)					
Autumn	Sprin		Summer		
Solutions Scheme Class 3 follow year 2 objectives and Class 4 follow year 3 as set out in RSE solutions. Children will be split across the school into age appropriate year groups.	Drugs, Alcohol and Tahaco Islington You Me PSHE -Y2 Medicines and me	Identity and Society and Equality British Values PREVENT	Celebrating our local A project which links local agencies/charit	our school with	
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Autumn	Spring		Summer		
RSE Solutions Scheme Class 3 follow year 2 objectives and Class 4 follow	Drugs, Alcohol and Tabaco Islington You Me PSHE -Y3 Tobacco is a drug	Internet safety and harms E-Safety and Digital Citizenship	Basic First Aid First Aid Champions First Aid skills- Asthma attack,	Basic First Aid First Aid Champions	

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year 3 as set out in RSE		broken bones and	First Aid skills-
solutions.		bleeding	Burns, choking and
Children will be split across		Kindness and	head injury
the school into age		coping- Thinking	Kindness and
appropriate year groups.		about helping	coping- Emotions
		. •	and comforting
			others.

Class 5 and 6					
Cycle A (21/22) Autumn	Summer				
RSE	Physical Health	Spring Online Relationships	Suitulie		
Solutions Scheme	and Wellbeing	Google Internet Legends			
• Class 5 follow year 4 objectives and Class 6 follow year 6 as set out in RSE solutions. Year 5 children will be taught separately but will remain within their year group. Children will be split across the school into age appropriate year groups.	Islington You Me PSHE -Y4 and Y5 What is important for me? In the Media?	Sharp, Alert, Secure, Kind, Brave			
Cycle B (22/23)					
Autumn		Spring	Class 5 Rotate over two years		
RSE	Basic First Aid	Identity and Society and	Careers, financial capability and		
Solutions Scheme	First Aid	Equality	economic wellbeing		
 Class 5 follow year 4 objectives and 	Champions	PROMOTING	Islington You Me PSHE -Y3		
Class 6 follow year 6 as set out in	First Aid skills-	FUNDAMENTAL BRITISH	Saving, spending and budgeting		
RSE solutions. Year 5 children will	Unresponsive and	VALUES	Identity Society and Equality		
be taught separately but will remain	breathing and	Since 911	Islington You Me PSHE -Y6		
within their year group.	Unresponsive and	PREVENT	Human Rights		
Children will be split across the	not responding				
school into age appropriate year	Kindness and	Search resource on the	Class 6		
groups.	coping- Keeping calm and Coping skills	internet, login required	Careers, financial capability and economic wellbeing Islington You Me PSHE -Y5 Goblin Cars Borrowing and Earning Money		
Cycle C (23/24)					
Autumn		Spring			

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RSE	Drugs, Alcohol	Drugs, Alcohol and	
Solutions Scheme	and Tabaco	Tabaco	
Class 5 follow year 4 objectives and	Islington You Me	Islington You Me PSHE	
Class 6 follow year 6 as set out in	PSHE -Y4	-Y5&6	
RSE solutions. Year 5 children will	Making choices	Different influences	
be taught separately but will remain		Weighing up risk	
within their year group.			
Children will be split across the			
school into age appropriate year			
groups.			

Resources can be found in-Federation files, Subject leaders, RSHE, Resources