

Great Ellingham and Rocklands Primary Schools

Relationships, Sex and Health Education



We aim to equip our children with the knowledge and understanding to safeguard themselves as they move through their lives, whilst also helping to develop them as well rounded and functioning members of society.

Our curriculum places a high value on promoting and facilitating positive mental health and developing children's toolkits to remain solution focused and access support when necessary.

Content and Sequencing

Our curriculum has been designed following careful analysis of the Public Health England Data Sets. Ensuring our curriculum is needs led and specific to the issues facing our children in school and beyond in the wider community. Following the core themes of Health and Wellbeing, Relationships and Living in the Wider World our curriculum has been split into the units below.

- **RSE solutions**
- **Basic first aid**
- **Drugs, alcohol and tobacco**
- **Careers, financial capability and economic wellbeing**
- **Physical health and wellbeing**
- **Healthy eating**
- **Online relationships**
- **Internet safety and harms**
- **Identity, society and equality**
- **Celebrating our local community**
- **Careers, financial capability and economic wellbeing**

Progression

- Our RSE solution lessons are taught using a spiral curriculum in discreet year groups.
- Other units are carefully sequenced so prior knowledge and concepts are built upon from previous teaching and end points.

Support

- All lessons are delivered by a teacher with the support of a teaching assistant.
- At points children are taught in discreet year groups to ensure they receive age appropriate content.
- Excellent parent to school relationships offer opportunities for deepening learning at home where appropriate.
- Pre-teach opportunities used to support the emotional and social needs of children where necessary.
- Use of 'Ask it baskets' to facilitate tailored learning.
- Whole staff RSHE training delivered.

Beyond the classroom...

- 1:1 pastoral sessions
- Farm school
- School council
- Prefect duties
- Whole school assembly themes
- Celebration assemblies
- Sporting events
- Visitors
- Orange card support system
- Child led projects-outside area
- Community projects-charity