## Great Ellingham and Rocklands Primary Schools

## Relationships, Sex and Health Education





| RSE   |                                 |                                 |                                  |                               |                               |                                 |
|---|---------------------------------|---------------------------------|----------------------------------|-------------------------------|-------------------------------|---------------------------------|
| EYFS  | Year 1                          | Year 2                          | Year 3                           | Year 4                        | Year 5                        | Year 6                          |
| My Feelings   | My Feelings                     | My Feelings                     | My Feelings                      | My Feelings                   | My Feelings                   | My Feelings                     |
| <ul> <li>Feelings</li> </ul>  | • Emotions                      | <ul> <li>Self-esteem</li> </ul> | <ul> <li>Aspiration</li> </ul>   | <ul> <li>Emotions</li> </ul>  | <ul> <li>Puberty</li> </ul>   | <ul> <li>Body image</li> </ul>  |
| <ul> <li>Comfortable</li> </ul>   | <ul> <li>Feelings</li> </ul>    | -                               | <ul> <li>Compliment</li> </ul>   | <ul> <li>Empathy.</li> </ul>  | My Body                       | My Body                         |
| <ul> <li>Uncomfortable.</li> </ul>  | My Body                         | My Body                         | <ul> <li>Self-esteem.</li> </ul> | My Body                       | <ul> <li>Puberty</li> </ul>   | <ul> <li>Sexual</li> </ul>      |
| ů   | • Penis                         | <ul> <li>Vagina.</li> </ul>     |                                  | • Foetus                      | • Penis                       | intercourse                     |
| My Body   | • Vulva                         | My Relationships                | My Body                          | <ul> <li>Puberty</li> </ul>   | <ul> <li>Erection</li> </ul>  | <ul> <li>Conception</li> </ul>  |
| <ul> <li>Hygiene</li> </ul>   | My Relationships                | <ul> <li>Bullying</li> </ul>    | • Penis                          | My Relationships              | <ul> <li>Wet dream</li> </ul> | My Relationships                |
| My Relationships  | Communication                   |                                 | • Vulva                          | Public                        | <ul> <li>Menstrual</li> </ul> | Homophobic                      |
| • Same  | My Beliefs                      | My Beliefs                      | <ul> <li>Hygiene</li> </ul>      | <ul> <li>Private</li> </ul>   | cycle                         | Biphobic                        |
| • Similar   | Similarities                    | <ul> <li>Unique</li> </ul>      | My Relationships                 | My Beliefs                    | My Relationships              | Transphobic                     |
| <ul> <li>Different</li> </ul>   | <ul> <li>Differences</li> </ul> | My Rights and                   | Relationship                     | Similar                       | Relationships                 | My Beliefs                      |
| My Beliefs  | My Rights and                   | Responsibilities                | 1                                | <ul> <li>Different</li> </ul> | My Beliefs                    | Similarities                    |
| • Like  | Responsibilities                | <ul> <li>Personal</li> </ul>    | My Beliefs                       | • Identify                    | Gender                        | <ul> <li>Differences</li> </ul> |
| <ul> <li>Dislike</li> </ul>   | • Disease                       | space                           | Gender                           | My Rights and                 | • Sex                         | My Rights and                   |
| <ul> <li>Difficult</li> </ul>   | • Bacteria                      | <ul> <li>Privacy.</li> </ul>    | <ul> <li>Stereotypes</li> </ul>  | Responsibilities              | • Intersex                    | Responsibilities                |
| My Rights and   | Asking for Help                 | Asking for Help                 | <i>a</i> 1                       | <ul> <li>Marriage</li> </ul>  | My Rights and                 | <ul> <li>Infection</li> </ul>   |
| Responsibilities  | • Problem                       | • Secret                        | My Rights and                    | Arranged                      | Responsibilities              | Sexually                        |
| • Private   | • Help                          | <ul> <li>Surprise</li> </ul>    | Responsibilities                 | Marriage                      | <ul> <li>Personal</li> </ul>  | transmitted                     |
| Asking for Help   |                                 | ,                               | • Penis                          | • Forced                      | information                   | infection                       |
| • Special   |                                 |                                 | Testicles                        | marriage                      |                               | Condom                          |
| المام ا |                                 |                                 | • Vulva                          | marrage                       | Asking for Help               | Asking for                      |
|   |                                 |                                 | • Vagina                         | Asking for Help               | • Online                      | Help                            |
|   |                                 |                                 | Asking for Help                  | Peer pressure                 |                               | • Problem                       |
|   |                                 |                                 | • Secret                         | 1 ea pressure                 |                               | • Support                       |
|   |                                 |                                 | • Surprise                       |                               |                               | • Help                          |
|   |                                 |                                 | Juliuse                          |                               |                               | • Trust                         |
|   |                                 |                                 |                                  |                               |                               | Trust                           |

## Next steps

• Complete the knowledge and vocabulary progression map to include the remaining units of our RSHE curriculum.